

Biarritz Junior programme

Example of activities 2017



Junior Programme 14-17 French & Surf or Multi-activities



Sample weekly timetable - activities & excursions vary weekly - times are subject to change (weather, tides...)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
7 am	Wake up and breakfast	Wake up and breakfast				Departures or Full day excursion (for 2-week stays and more): La Rhune	Free day or Arrivals		
8 am	Swim test								
8.30 am		Departure for school							
9 am 12.30 pm	Student Welcome	French lessons (20 minutes break included)							
10.10 am 12.30 pm	French lesson								
12.30 pm 2 pm	Lunch (time varies depending on activities)								
2 pm 6.30 pm	Surf	Rock climbing	Surf	Surf	Visit of Anglet and « la chambre d'amour »			Surf	Mountain biking
	Game		Chocolate museum			Beach volley		Tree climbing	
6.30 pm 8.30 pm	Back at home and dinner with host family								
8.30 pm 11 pm	Evening with host family or free time	Evening with host family or free time	Evening with host family or free time	Evening with host family or free time	Tasting evening	Evening with host family or free time	Evening with host family or free time		
11 pm	Bed time							Bed time	
00.30 am									
00.30 am						Bed time			